



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Deb Patacsil

I was born in San Francisco, California in 1964. My father was in the Navy, so I've also lived in Chicago and Midway Island. Eventually, my family settled in Michigan City, Indiana. I graduated from Rogers High School and went on to attend Purdue University. While at Purdue, I met my husband Frank Patacsil who is a Logansport native. We had two boys, Jacob and Sam. As a family we have lived in Corydon, Indiana, Michigan City, Indiana, and Indianapolis, Indiana. We settled in Sunrise, Florida and stayed there for 14 years and raised our two sons. When they decided to wrestle for Purdue University, like their grandfather, father and uncle, we moved back to Logansport, IN.



Logansport offered us a chance to be close to our families and also gave us an opportunity to attend our son's home wrestling meets. I finished up my teaching degree at Indiana University Kokomo in 2010. I currently teach for Logansport School Corporation and LAJJS at Camelot

Care Center. I am very fortunate to teach students that have severe needs and hearts as large Logansport.

Teaching has always been my passion; I am so glad that I was able to continue teaching Yoga at the Cass County Family YMCA after teaching it in Florida for ten years. I began practicing Yoga after I hurt my back and found out that I had a bulging disc. The stretching, balancing, breathing and meditation helped me feel young (or as young as I can). I enjoy attending other group fitness classes, such as Boot Camp, TRX, and Cardio Blast. Some days, I want to stay at home and then I think.....just do it!

SPECIALTY AREAS:

Yoga

Core/Abs

CASS COUNTY FAMILY YMCA

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YMCA Mission:

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.